

# Spring Newsletter 2026

## EFT Québec

### EFIT ESSENTIALS (IN FRENCH)

**DATE:** May 1-4, 2026

**SCHEDULE:** 9:00 AM - 4:00 PM EST  
(Quebec)

**LOCATION :** online



<https://www.eftqc.com/fr/efit>



NORMAND GINGRAS

### EXTERNSHIP (IN FRENCH)

**DATE:** September 18-19, 25-26, 2026

**SCHEDULE:** 9:00 AM - 4:00 PM EST (Quebec)

**LOCATION :** online

Take advantage of the **early bird rate** available until April 15.



<https://www.eftqc.com/fr/externship>



PAUL GREENMAN

### MASTERCLASS (BILINGUAL)

EFT with  
escalated  
couples



April 10-11, 2026  
9am-4:30pm EST  
6:00am-1:30 PST



Online/en ligne



La TCÉ avec  
les couples  
escaladés

\*Traduction simultanée au  
français disponible



<https://www.eftqc.com/fr/escalated-couples>

### RESSOURCE TCÉ

Are you familiar with the **self-reported list** of professionals in Quebec trained in EFT? It's a great resource to refer your clients to.



[Click here to access it.](#)

Have you completed training in EFT and would like to be included?



[Fill out this form](#)  
so your name can be added to the list



**Peer group:** Join a bilingual peer group led by an EFT Quebec leader to discuss clinical cases, ask theoretical questions, support one another, and strengthen your sense of community.

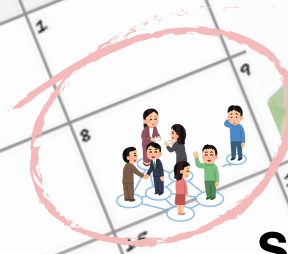


[Click here to learn more and register](#)



# MAI 2026

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			1	2
			7	8
4	5	6	13	14
11	12			



## SOCIAL EVENT

Q&A session, followed by a fun quiz and a friendly social gathering.

**SCHEDULE:** le 8 mai à 18h30

**LOCATION:** 2599 Jean-Talon Est Street, Montréal  
H2A 1V1 - Clinique Phora

**REGISTRATION:** 15\$



<https://docs.google.com/forms/d/e/1FAIpQLSfDTvslAls8XzuPuNvWXdk8zcJvSaZHTcm44kHIBSAl0YpHrA/viewform?usp=header>

## VANCOUVER - MAI 10-11 2027 EFT WORLD SUMMIT



**Save the Date:**

May 9 - 11, 2027  
VANCOUVER • CANADA

[EFTsummit2027.com](https://EFTsummit2027.com)



Join colleagues from around the world for two days of conferences, hands-on workshops, and panel discussions with leading experts in Emotion-Focused Therapy (EFT) and attachment science.



[HTTPS://EFTSUMMIT2027.COM/](https://EFTSUMMIT2027.COM/)



« Emotional dependency is neither immature nor pathological; it is our greatest strength. » Sue Johnson

