

EFT Québec Newsletter

UPCOMING EVENTS



EFT Québec

EFT & Addiction

BILINGUAL MASTERCLASS
EN/FR

MICHAEL BARNETT,
ICEEFT TRAINER

APRIL
9 - 10,
2027

10 - 6 PM
EST

ONLINE
(ZOOM)

12 CEUs available to
purchase

MASTERCLASS EFT & ADDICTION

This 2-day masterclass training is designed for clinicians who have completed an EFT externship and wish to learn how to apply EFT to the treatment of addiction.

Take advantage of the early-bird rate until December 11!

👉 Learn more and register:
<https://www.eftqc.com/addiction>

PROFESSIONALS TRAINED IN EFT

Do you know about the self-reported list of Québec professionals trained in EFT?
It's a great resource to refer your clients to!



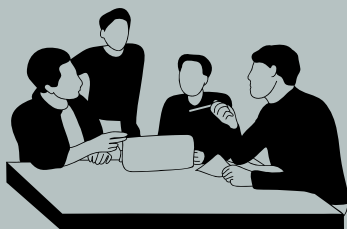
[Click here to access it.](#)

Have you completed EFT training and would like to be included?



[Fill out this form to have your name added.](#)

PEER GROUP



Join a bilingual peer group led by an EFT Québec leader to discuss clinical cases, ask theoretical questions, support one another, and strengthen a sense of community.

<https://docs.google.com/forms/d/e/1FAIpQLSfzCZtix4ddHGLiUwHBGeNJqoDjtvSFQU1uQEZEWULb-fUScg/viewform>

<http://>

Follow our social media to stay up to date!



UPCOMING EVENTS



MAÎTRISER DES COMPÉTENCES ET SURMONTER DES DÉFIS
en TCE-Individu

Une formation complète pour développer vos compétences et relever les défis cliniques d'aujourd'hui avec confiance et efficacité.

6 et 7 novembre 2026
EN PRÉSENTIEL À MONTRÉAL

12 CRÉDITS OPQ
ACCORDÉS AUX PSYCHOLOGUES

Il s'agit de la 2^e formation de base EFIT/EFIT 2 qui fait suite à la formation de base EFIT 1.

FORMATION | SUPERVISION | OUTILS | COMMUNAUTÉ
Pour aller plus loin, ensemble.

INVESTISSEZ EN VOUS.
Transformez vos défis en opportunités.

Paul Greenman
PhD
Formateur TCE

Normand Gingras
PhD
Formateur TCE

EFIT MASTERING TRAINING (IN FRENCH)

There are only **a few places left** in the advanced training Mastering Skills and Overcoming Challenges in EFT for Individuals (EFIT).

Dates: November 6-7, 2026

Time: 9:00 a.m. – 5:00 p.m. ET

Location: Centre St-Pierre, Montreal
1212 Panet Street, Montreal, QC H2L 2Y7

👉 Information and registration:
<https://www.eftqc.com/fr/efit-consult>

CORE SKILLS (IN FRENCH)

During this training, you will deepen your knowledge and skills in Emotionally Focused Couples Therapy (EFCT), the couples therapy model developed by Sue Johnson.

DATES:

- February 4, 5, 6 & 7, 2027 — *In person at Centre St-Pierre in Montreal*
- May 28–29, 2027 — *Online*
- June 4–5, 2027 — *Online*

SCHEDULE: 9:00 a.m.–4:30 p.m. EST

👉 Information and registration :
<https://www.eftqc.com/core-skills>

EFT RESOURCES

Did you know that the [EFT Québec website](https://www.eftqc.com) offers a variety of resources to help deepen your understanding of EFT?

You'll find:

- Articles
- Clinical resources
- Training opportunities
- Tools to support your clinical practice

We encourage you to explore these resources regularly.

EFT QUEBEC MEMBERSHIP

Created to support your professional growth and strengthen connections within our community, this membership offers a wide range of exclusive benefits while contributing to the growth and visibility of EFT in Quebec.

Why Become a Member?

- ✓ Join a community of therapists passionate about EFT
- ✓ Expand your professional network
- ✓ Participate free of charge in the peer support group
- ✓ Receive 15% off EFT Québec Masterclasses and the *EFT and Me* webinar
- ✓ Access exclusive member discounts and benefits

Because growing your practice is even more rewarding when we do it together.

👉 Discover all the membership **benefits** and **join** today: <https://www.eftqc.com/fr/membership>

A promotional banner for the EFT World Summit 2027. The banner features a large, stylized graphic of a leaf or flame in shades of blue and green. On the left, the text "EFT WORLD SUMMIT 2027" is displayed in bold, with "GROWING THROUGH CONNECTION" in smaller text below it. On the right, the text "Save the Date:" is in a large, bold font, followed by "May 9-11, 2027" and "VANCOUVER • CANADA". At the bottom left, the website "EFTsummit2027.com" is listed. At the bottom right, the ICEEFT logo is visible.

EFT
WORLD
SUMMIT
2027
GROWING THROUGH
CONNECTION

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May 9-11, 2027
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