

EFT Québec Newsletter

UPCOMING EVENTS



Formation de base en TCÉ-couples

Tarifs étudiant-e-s dispo!

18, 19, 25, 26 sept 2026

9:00-16:30

En direct via Zoom

Nos formateurs:

Normand Gingras
FORMATEUR ICEEFT

Paul Greenman
FORMATEUR ICEEFT

Still Unsure? Join Our Free Information Session (In French)

Would you like to learn more about the Core EFT-Couples Training? Join a free one-hour virtual information session with Fannie Carrier Emond and Véronique Franche.

Date : June 29, 2026

Time : 12:00 p.m. – 1:00 p.m. ET

We look forward to answering your questions!

👉 Learn more and register:

https://docs.google.com/forms/d/e/1FAIpQLSeoywd5ILDm8uEJEEd0hBZgoyG_vBFRdHGmscXxbvFCALCSVhQ/viewform

EXTERNSHIP (IN FRENCH)

Develop the essential knowledge and skills of Emotionally Focused Therapy for Couples (EFT-C), a model developed by Sue Johnson.

Dates: September 18, 19, 25 and 26, 2026

Time: 9:00 a.m. – 4:30 p.m. ET

Online

👉 Learn more and register:

<https://www.eftqc.com/fr/externship>

PROFESSIONALS TRAINED IN EFT

Do you know about the self-reported list of Québec professionals trained in EFT? It's a great resource to refer your clients to!



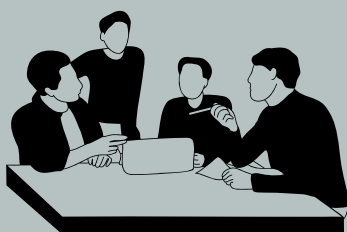
[Click here to access it.](#)



Have you completed EFT training and would like to be included?

[Fill out this form to have your name added.](#)

PEER GROUP



Join a bilingual peer group led by an EFT Québec leader to discuss clinical cases, ask theoretical questions, support one another, and strengthen a sense of community.



Follow our social media to stay up to date!



INTRODUCING THE NEW EFT QUEBEC MEMBERSHIP

We are thrilled to announce the launch of the brand-new EFT Quebec Membership!

Created to support your professional growth and strengthen connections within our community, this membership offers a wide range of exclusive benefits while contributing to the growth and visibility of EFT in Quebec.

Why Become a Member?

- ✓ Join a community of therapists passionate about EFT
- ✓ Expand your professional network
- ✓ Access exclusive member discounts and benefits
- ✓ Take advantage of ongoing learning, networking, and professional development opportunities

Because growing your practice is even more rewarding when we do it together.

👉 Discover all the membership **benefits** and **join** today:
<https://www.eftqc.com/fr/membership>



Thank you to everyone who joined us for our recent **social gathering!**

It was a pleasure to connect, share, and strengthen the bonds within our EFT community. We are already looking forward to seeing you again next year.



Follow our social media to stay up to date!



UPCOMING EVENTS



MAÎTRISER DES COMPÉTENCES ET SURMONTER DES DÉFIS
en TCE-Individu

Une formation complète pour développer vos compétences et relever les défis cliniques d'aujourd'hui avec confiance et efficacité.

6 et 7 novembre 2026
EN PRÉSENTIEL À MONTRÉAL

12 CRÉDITS OPQ
ACCORDÉS AUX PSYCHOLOGUES

Il s'agit de la 2^e formation de base EFIT/EFIT 2 qui fait suite à la formation de base EFIT 1.

FORMATION | SUPERVISION | OUTILS | COMMUNAUTÉ
Pour aller plus loin, ensemble.

INVESTISSEZ EN VOUS.
Transformez vos défis en opportunités.

Paul Greenman
PhD
Formateur TCE

Normand Gingras
PhD
Formateur TCE

EFIT MASTERING TRAINING (IN FRENCH)

There are only **a few places left** in the advanced training Mastering Skills and Overcoming Challenges in EFT for Individuals (EFIT).

Dates: November 6-7, 2026

Time: 9:00 a.m. – 5:00 p.m. ET

Location: Centre St-Pierre, Montreal
1212 Panet Street, Montreal, QC H2L 2Y7

👉 Information and registration:
<https://www.eftqc.com/fr/efit-consult>

FREE WORKSHOP: SEX AND EFT

Informal conversation with sexuality expert and EFT Supervisor **Laurie Watson** on Sex and EFT.

Join a live session followed by an opportunity to connect and exchange with the leaders of EFT Québec.

FREE event in English with simultaneous interpretation into French.

👉 Information and registration :
https://docs.google.com/forms/d/e/1FAIpQLSdm77Ske7CfPyRnJ76zqP5nwP64ps8_bK_jJK47PoU6Cf_V7Q/viewform

EFT RESOURCES

Did you know that the EFT Québec website offers a variety of resources to help deepen your understanding of EFT?

You'll find:

- Articles
- Clinical resources
- Training opportunities
- Tools to support your clinical practice

We encourage you to explore these resources regularly.